From:
Outcomes of Facet vs Pedicle Screws in Posterior Fixation of Circumferential Fusion: A Cohort Study.

Legend: Single level lumbar fusion of patients with DDD (degenerative disc disease without stenosis)
Pedicle inst. = standard screw instrumentation.
Facet inst. = minimally invasive instrumentation.
VAS = visual analog pain scale (0 = no pain to 10 = worst possible pain)
ODI = Oswestry Disability Index (0 = no disability to high score = severely disabled)